

Nutrition, Health, and Disease Prevention

SAMPLE SEQUENCE OF COURSES

FALL 2019 OR LATER MATRICULATION

UConn Graduation Requirements – Are found at catalog.uconn.edu these include major and general education requirements (Content Areas: 1, 2, 3 and 4, Writing, Quantitative, **Foreign Language and Environmental Literacy).

Students normally average 15 credits per semester over a 4 year period (fall/spring only) to meet the 120 academic credits required.

FRESHMAN YEAR			
FALL			SPRING
CHEM 1124Q Fund of Chemistry 1	4		CHEM 1125Q Fund of Chemistry II
ENGL 1007 Seminar in Writing	4		NUSC 1167 Food, Culture, Society
NUSC 1165 Fund Of Nutrition	3		STAT 1100Q Elem Statistics
GEN ED	3		GEN ED
UNIV 1810 (FYE)	1		ELECTIVE
<i>Total credits: 15</i>			<i>Total credits: 16</i>
SUMMER SESSION			
ELECTIVE/Foreign Language**	3 or 4		
<i>Total credits: 3 or 4</i>			
SOPHOMORE YEAR			
FALL			SPRING
CHEM 2241 Organic Chemistry	3		NUSC 1645 Science of Food
NUSC 2200 Nutr & Human Develop	3		BIOL 1107 Prin of Biology I
GEN ED	3		GEN ED
GEN ED	3		GEN ED
W course	3		ELECTIVE
<i>Total credits: 15</i>			<i>Total credits: 16</i>
JUNIOR YEAR			
FALL			SPRING
PNB 2264 Human Anat & Phys I	4		PNB 2265 Human Anat & Phys II
NUSC 3233 Food Comp & Prep	3		NUSC 3230 Community Nutrition
NUSC 3234 Food Comp & Prep Lab	1		NUSC 3271 Food Serv Systems Lab
ELECTIVE	3		NUSC 3272 Food Serv Systems
ELECTIVE	3		MCB 2000 Intro to Biochemistry
<i>Total credits: 14</i>			<i>Total credits: 15</i>
SENIOR YEAR			
FALL			SPRING
NUSC 4250 Nutr for Exercise & Sport	3		NUSC 4236 Nutritional Biochemistry and Metabolism
NUSC 4272 Food Service Systems II	2		NUSC 4237W Writing in Nutr Sci
NUSC 4260 Dietary Supp and Functional Foods	3		ELECTIVE
ELECTIVE	3		ELECTIVE
ELECTIVE	3-4		ELECTIVE
<i>Total credits: 14-15</i>			<i>Total Credits: 14</i>

*This General Education Requirement may also meets a major requirement.

**Required if student has not met the University requirement of three years of a single foreign language in high school.

Students can elect to enroll in *Summer/Winter sessions*. Course options can be found at summerwinter.uconn.edu.

Students interested in [Education Abroad](#) should discuss options (semester, winter or summer) with major advisor.

